MOBILITY, TRANSFERS & GAIT AIDS

Sample Scenario 1:

Ms Q is an older person with dementia. She has been assessed as requiring supervision for safety, whilst walking with her frame. The frame has been put to the side out of the way.

Mrs Q is currently sitting in her chair by her bed. You are assisting a colleague with the hoist transfer of another older person in a bathroom, 3 rooms away. Knowing that Ms Q is about to start her daily routine of wandering, what can you do to minimise the risk of Ms Q falling?

Sample Scenario 2:

Mr D has Parkinson’s disease. His mobility and independence can fluctuate throughout the day. He normally mobilises with a 2-wheeled frame and occasionally needs assistance. He currently has a UTI that is being managed with oral antibiotics, however he requires frequent toileting.

It is early afternoon – a time of day when the Parkinson’s symptoms are often worse. He is sitting in a wheelchair by the bed and he has the sudden urge to go to the toilet. Consider the environment and his physical abilities to determine what needs to be done to allow a safe journey to the toilet.

Sample Scenario 3:

You are sitting in a wheelchair. You are unable to bend your right knee at all due to advanced arthritis (simulate with the Zimmer splint). You are allowed to walk independently with your frame. You need to go to the bathroom but cannot reach your shoes tucked under the bed. You can see that the area is cluttered with “objects” however your glasses are out of reach on the bedside table. You decide to go to the bathroom.
CONSIDERATIONS

Sample Scenario 1:

- Setting Ms Q up with activities to distract
- Is the chair height appropriate?
- Does Ms Q remember to use her frame when walking?
- Where is Ms Q’s frame?
- Is the area around Ms Q’s bed cluttered?
- Is Ms Q wearing her shoes, glasses etc?
- Is there another person who can keep an eye out for Ms Q?

Sample Scenario 2:

- Is the call bell within reach?
- What physical assistance is needed at this time?
- Are the wheelchair brakes on?
- Where is the frame situated?
- Where are his glasses/shoes?
- How far is he from the toilet?

Sample Scenario 3:

- Did you lock the wheelchair brakes on?
- Did you swing the footplates away?
- Was the frame nearby?
- Did you call the nurse?
- Was the floor slippery?
- Were you wearing socks?
- Did you seek your glasses?
- Did you avoid all obstacles?