Management of falls risk factors
or
How do I stop someone from falling over (again...)?

Terms Used

• Falls Prevention
• Minimising falls risk
• Minimising fall-related injuries
• Managing falls risk factors
Assessment Completed

• A Score?
• Rating of Severity?
  – High
  – Medium
  – Low

What Now?

Interventions can be:

OR
Consider:

- The term ‘falls prevention’ can be unfamiliar and a difficult concept
- What changes are people willing to make
- What might be some of the barriers to taking action
- There is a risk that offering several interventions may be confusing and provides conflicting advice so a staged and integrated manner of delivery may be appropriate.

What Now with the Action List

- Where is the plan placed?
- Who is responsible for doing it?
- When will it happen?
- How and who is going to review the plan?