



Melbourne  
Ageing Research  
Collaboration

## PREVENTING AVOIDABLE HOSPITAL ADMISSIONS FOR PEOPLE WITH DEMENTIA

### Problem

People with dementia are twice as likely to be admitted to hospital and 2-3 times more likely to have an adverse event in hospital than people the same age who do not have dementia. Although some hospitalisations are clinically necessary, others could potentially be avoided. This project is exploring ways to reduce avoidable hospital presentations for people with dementia living in the community.

### Collaborators

NARI, Austin Health, Melbourne Health, Northern Health, North Western Melbourne Primary Health Network, Alzheimer's Australia VIC, University of Melbourne, Department of Health and Human Services

### Design

1. Systematic review of literature
2. Audit of ED presentations of people with dementia
3. Survey of carers, hospital staff and GPs
4. Development and evaluation of resources to support people with dementia and their carers in making health care decisions.

### Progress

- Ethics approval attained
- Data collection of ED presentations has completed at Melbourne Health & commenced at Austin Health & Northern Health
- Systematic review protocol finalised and registered on PROSPERO
- Systematic review has commenced

### Contacts

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[www.nari.net.au/marc/our-research](http://www.nari.net.au/marc/our-research)

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