



Melbourne
Ageing Research
Collaboration



Do you want to avoid bringing a person with dementia to the hospital Emergency Department?

The Melbourne Ageing Research Collaboration (MARC), led by the National Ageing Research Institute, is a partnership of 11 organisations that aim to improve the health and wellbeing of older people. MARC is conducting a research study to develop resources for carers of people living with dementia to reduce avoidable presentations to the Emergency Department.

People with dementia are twice as likely to be hospitalised as people the same age who do not have dementia. Hospital can be very distressing for a person with dementia and their carer and can sometimes lead to negative consequences. Although some hospital attendances are necessary, others could be avoided if support was available to people with dementia and their carers to make decisions about healthcare.

This study aims to understand the main reasons that people with dementia go to the Emergency Department, identify how many of these could have been avoided, and develop resources to support people with dementia and their carers in making healthcare decisions.

To participate in this study, you need to be:

- Aged 18 years or over
- Able to read and write in English
- Caring for a person with dementia who lives in the community (own home or retirement village)
- You have been to a hospital Emergency Department with the person you care for in the past 3-months

Or

- A General Practitioner working in the Melbourne metropolitan area

Or

- A clinical staff member working in a hospital

Participation will involve a survey about your recent hospital experience and involvement in a focus group to give feedback about resources developed for carers.

To find out more about this project, go to

www.nari.net.au/marc/our-research

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